



## Links to existing evidence - arts and health

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### Introduction

One of our key recommendations for arts and health innovation teams is that they consider what evidence may, or may not, already exist - in the form of published research articles - to indicate that the type of project they want to run could have a positive impact on people.

This helps innovation teams to make the case for their project to exist or continue, especially to health partners who place a very high value on published evidence. It also helps teams do better evaluations and research if they know how others have approached similar research, and what they've found.

In HARP, to support the 13 arts and health innovation teams we worked with, we therefore supplied them with a list of published research articles that either:

- Provided useful content around the health challenge they were looking to address; and/or
- Showed where, whether and how, other similar interventions (so those using similar artforms or with similar patient groups) had proved to be effective.

Below is the list of articles we shared with the teams. Some are general articles on the theme of arts and health, others are more specific to particular art forms or health conditions.

**Please note:** For copyright reasons, we are only able to publish links to the articles. Click on the link to view the article's **abstract** - a summary of the article that briefly states its methods and conclusions.

In some cases, access to the full article may incur a fee. If you are either working for, or with, an academic or health partner they may be able to access the full article for you, using an institutional login.

This list was published in May 2022, but our searches were conducted in March 2021 so this list won't include any articles published since then.

Author/s	Year	Title	Journal location & Link
Byrne, Eleanor, Elliott, Eva, Saftus, R. and Angharad, J.	2017	The creative turn in evidence for public health: community and arts-based methodologies	Journal of Public Health 40 (S1) , i24-i30 <a href="https://doi.org/10.1093/pubmed/fox151">https://doi.org/10.1093/pubmed/fox151</a>
Helen J. Chatterjee, Paul M. Comic, Bridget Lockyer & Linda J. M. Thomson	2018	Non-clinical community interventions: a systematised review of social prescribing schemes	Arts & Health, 10:2, 97-123 <a href="https://doi.org/10.1080/17533015.2017.1334002">https://doi.org/10.1080/17533015.2017.1334002</a>
Clift S.	2012	Creative arts as a public health resource: moving from practice-based research to evidence-based practice.	Perspectives in Public Health. 2012 May; 132(3): 120-7 <a href="https://doi.org/10.1177/1757913912442269">https://doi.org/10.1177/1757913912442269</a>
Daisy Fancourt & Andrew Steptoe	2019	The art of life and death: 14 year follow-up analyses of associations between arts engagement and mortality in the English Longitudinal Study of Ageing	British Medical Journal 2019;367:l6377 <a href="https://doi.org/10.1136/bmj.l6377">https://doi.org/10.1136/bmj.l6377</a>
Daisy Fancourt & Saoirse Finn	2019	What is the evidence on the role of the arts in improving health and well-being? A scoping review (2019)	Health Evidence Network synthesis report 67 <a href="#">Full Report</a> <a href="#">Summary Report</a>
Norma Daykin, Karen Gray, Mel McCree & Jane Willis	2017	Creative and credible evaluation for arts, health and well-being: opportunities and challenges of co-production	Arts & Health, 9:2, 123-138 <a href="https://doi.org/10.1080/17533015.2016.1206948">https://doi.org/10.1080/17533015.2016.1206948</a>
Norma Daykin , Louise Mansfield , Catherine Meads , Karen Gray , Alex Golding , Alan Tomlinson & Christina Victor	2020	The role of social capital in participatory arts for wellbeing: findings from a qualitative systematic review	Arts & Health, Volume 13, 2021 - Issue 2 <a href="https://doi.org/10.1080/17533015.2020.1802605">https://doi.org/10.1080/17533015.2020.1802605</a>
Carolina Estevas, Daisy Fancourt, Paola Dazzan, et. al	2021	Scaling-up Health-Arts Programmes: the largest study in the world bringing arts-based mental health interventions into a national health service	BJPsych Bulletin (2021) 45, 32-39 <a href="https://doi.org/10.1192/bjb.2020.122">https://doi.org/10.1192/bjb.2020.122</a>
Daisy Fancourt & Tim Joss	2015	Aesop: A framework for developing and researching arts in health programmes	Arts & Health, 7:1, 1-13 <a href="https://doi.org/10.1080/17533015.2014.924974">https://doi.org/10.1080/17533015.2014.924974</a>

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Jason Keeler, Edward Roth, Brittany Neuser, John Spitsbergen, Daniel Waters & John-Mary Vianney	2015	The neurochemistry and social flow of singing: bonding and oxytocin	Frontiers in Human Neuroscience, 23 Sep 2015 <a href="https://doi.org/10.3389/fnhum.2015.00518">https://doi.org/10.3389/fnhum.2015.00518</a>
Michaela Pfundmair, Dieter Frey & Timothy L. Hodgson	2017	Taking the Focus Away from the Self: Low Individualism Mediates the Effect of Oxytocin on Creativity	Creativity Research Journal, 29:1, 91-96 <a href="https://doi.org/10.1080/10400419.2017.1263520">https://doi.org/10.1080/10400419.2017.1263520</a>
Anni Raw , Sue Lewis , Andrew Russell & Jane Macnaughton	2012	A hole in the heart: Confronting the drive for evidence-based impact research in arts and health	Arts & Health, 4:2, 97-108 <a href="https://doi.org/10.1080/17533015.2011.619991">https://doi.org/10.1080/17533015.2011.619991</a>
Rebecca Arnold	2020	Navigating Loss Through Creativity: Influences of Bereavement on Creativity and Professional Practice in Art Therapy	Art Therapy, 37:1, 6-15 <a href="https://doi.org/10.1080/07421656.2019.1657718">https://doi.org/10.1080/07421656.2019.1657718</a>
Caroline Beauregard	2020	Being in Between: Exploring Cultural Bereavement and Identity Expression through Drawing	Journal of Creativity in Mental Health 15:3, 292-310 <a href="https://doi.org/10.1080/15401383.2019.1702131">https://doi.org/10.1080/15401383.2019.1702131</a>
Christina Blomdahl, Birgitta Gunnarsson, Suzanne Guregård, Anita Björklund	2013	A realist review of art therapy for clients with depression	The Arts in Psychotherapy 40 (2013) 322-330 <a href="https://doi.org/10.1016/j.oi.2013.05.009">https://doi.org/10.1016/j.oi.2013.05.009</a>
Ryan Humphrey York St John University	2019	Music making and the potential impact for a child in foster care	International Journal of Community Music Volume 12 Number 1 <a href="https://doi.org/10.1386/ijcm.12.1.13_1">https://doi.org/10.1386/ijcm.12.1.13_1</a>
Gayle Letherby and Deborah Davidson	2015	Embodied Storytelling: Loss and Bereavement, Creative Practices, and Support	Illness, Crisis & Loss 2015, Vol. 23(4) 343-360 <a href="https://doi.org/10.1177/1054137315590745">https://doi.org/10.1177/1054137315590745</a>
Breffni McGuinness, Niamh Finucane	2011	Evaluating a creative arts bereavement support intervention Innovation and rigour	Bereavement Care 30:1, 37-42, <a href="https://doi.org/10.1080/02682621.2011.555244">https://doi.org/10.1080/02682621.2011.555244</a>
Breffni McGuinness, Niamh Finucane, and Amanda Roberts	2015	A Hospice-Based Bereavement Support Group Using Creative Arts: An Exploratory Study	Illness, Crisis & Loss 2015, Vol. 23(4) 323-342 <a href="https://doi.org/10.1177/1054137315590734">https://doi.org/10.1177/1054137315590734</a>

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Norma Tracey	2000	Thinking about and working with depressed mothers in the early months of their infant's life	Journal of Child Psychotherapy 26:2, 183-207, <a href="https://doi.org/10.1080/00754170050082803">https://doi.org/10.1080/00754170050082803</a>
Isobel E. M. Evans, David J. Llewellyn, Fiona E. Matthews, Robert T. Woods, Carol Brayne & Linda Clare	2019	Social isolation, cognitive reserve, and cognition in older people with depression and anxiety	Aging & Mental Health 23:12, 1691-1700, <a href="https://doi.org/10.1080/13607863.2018.1506742">https://doi.org/10.1080/13607863.2018.1506742</a>
Sophie Lee, Desmond O'Neill & Hilary Moss	2020	Promoting well-being among people with early-stage dementia and their family carers through community-based group singing: a phenomenological study	Arts & Health, <a href="https://doi.org/10.1080/17533015.2020.1839776">https://doi.org/10.1080/17533015.2020.1839776</a>
Ailsa Parsons, Joanna Omylinska-Thurston, Vicky Karkou, Julianne Harlow, Shelly Haslam, Jessica Hobson, Kerry Nair, Linda Dubrow-Marshall, Scott Thurston & Julia Griffin	2019	Arts for the blues – a new creative psychological therapy for depression	British Journal of Guidance & Counselling 48:1, 5-20, <a href="https://doi.org/10.1080/03069885.2019.1633459">https://doi.org/10.1080/03069885.2019.1633459</a>
G Windle, JR Roberts, Jennifer Rhiannon Roberts,	2019	Evaluation of an intervention targeting loneliness and isolation for older people in North Wales	Perspectives in Public Health 140 No 3 <a href="https://doi.org/10.1177/1757913919868752">https://doi.org/10.1177/1757913919868752</a>
Shoshi Keisaril, Anat Gesser-Edelsburgl, Dani Yaniv, Yuval Palgi,	2019	Playback theatre in adult day centers: A creative group intervention for community-dwelling older adults	PLOS ONE <a href="https://doi.org/10.1371/journal.pone.0239812">https://doi.org/10.1371/journal.pone.0239812</a>
Neil Springham, David Thorne & Julie Brooker	2014	Softer: Looking for oxytocin in art therapy	International Journal of Art Therapy, 19:1, 31-42, <a href="https://doi.org/10.1080/17454832.2014.882366">https://doi.org/10.1080/17454832.2014.882366</a>
Theo Stickley	2020	Arts, health and wellbeing across the age span	Perspectives in Public Health Vol 140 No 5 <a href="https://journals.sagepub.com/doi/full/10.1177/1757913920943409">https://journals.sagepub.com/doi/full/10.1177/1757913920943409</a>
Sanae Tanaka, Aiko Komagome, Aya Iguchi-Sherry,	2020	Participatory Art Activities Increase Salivary Oxytocin Secretion of ASD	Brain Sci. 2020, 10, 680; <a href="https://doi.org/10.3390/br">https://doi.org/10.3390/br</a>

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Akiko Nagasaka, Teruko Yuhi, Haruhiro Higashida, Maki Rooksby, Mitsuru Kikuchi, Oko Arai Kana Minami Takahiro Tsuji and Chiharu Tsuji		Children	<a href="#">ainsci10100680</a>
Ad A Kaptein, Frans Meulenberg and Joshua M Smyth	2015	A breath of fresh air: Images of respiratory illness in novels, poems, films, music, and paintings	Journal of Health Psychology 2015, Vol. 20(3) 246–258 <a href="https://doi.org/10.1177/1359105314566613">https://doi.org/10.1177/1359105314566613</a>
Kath MacDonald		Using poetry to explore normalcy as a coping mechanism for young people with cystic fibrosis	Journal of Research in Nursing 2017, Vol. 22(6–7) 479–491 <a href="https://doi.org/10.1177/1744987117732615">https://doi.org/10.1177/1744987117732615</a>
Eliza Jane Temple Milliken	2018	Cystic Fibrosis in Art	JAMA September 25, 2018 Volume 320, Number 12 (Reprinted) <a href="https://pubmed.ncbi.nlm.nih.gov/30264094/">https://pubmed.ncbi.nlm.nih.gov/30264094/</a>
Stephanie Posa, Fiona Moola,	2020	“Illustrating” the Role of the Expressive Arts Among Children and Youth with Cystic Fibrosis: A Narrative Review	Canadian Review of Art Education, 47(1) <a href="https://crae.mcgill.ca/article/view/91">https://crae.mcgill.ca/article/view/91</a>
Anthony Kevin Webb , Joan Fitzjohn	2016	Poetry, Music, Writing and Painting; Developing the artistic talents of Adults with Cystic Fibrosis	Paediatric Respiratory Reviews 17. 39–41 <a href="http://dx.doi.org/10.1016/j.prrv.2015.08.007">http://dx.doi.org/10.1016/j.prrv.2015.08.007</a>
Rowena Hill, Lucy R. Betts, Sarah E. Gardner	2015	Older adults’ experiences and perceptions of digital technology: (Dis)empowerment, wellbeing, and inclusion	Computers in Human Behavior 48 (2015) 415–423 <a href="http://dx.doi.org/10.1016/j.chb.2015.01.062">http://dx.doi.org/10.1016/j.chb.2015.01.062</a>
Lucinda Platt	2009	Social activity, social isolation and ethnicity	The Sociological Review, 57:4 (2009) <a href="https://doi.org/10.1111/j.1467-954X.2009.01867.x">https://doi.org/10.1111/j.1467-954X.2009.01867.x</a>
G Windle, JR Roberts	2019	Evaluation of an intervention targeting loneliness and isolation for older people in North Wales	Royal Society for Public Health, May 2020 Vol 140 No 3 l Perspectives in Public Health <a href="https://doi.org/10.1177/1757913919868752">https://doi.org/10.1177/1757913919868752</a>

Author/s	Year	Title	Journal location & Link
Imogen N. Clark, Jeanette D. Tamplin and Felicity A. Baker	2018	Community-Dwelling People Living With Dementia and Their Family Caregivers Experience Enhanced relationships and Feelings of Well-Being Following Therapeutic Group Singing: A Qualitative Thematic Analysis	Frontiers in Psychology Volume 9   Article 1332 <a href="https://doi.org/10.3389/fpsyg.2018.01332">https://doi.org/10.3389/fpsyg.2018.01332</a>
Philip Clissett, Davina Porock, Rowan H. Harwood, John R.F. Gladman	2012	The challenges of achieving person-centred care in acute hospitals: A qualitative study of people with dementia and their families§	International Journal of Nursing Studies 50 (2013) 1495-1503 <a href="http://dx.doi.org/10.1016/j.ijnurstu.2013.03.001">http://dx.doi.org/10.1016/j.ijnurstu.2013.03.001</a>
Jane W. Davidson and Julie Fedele	2011	Investigating group singing activity with people with dementia and their caregivers: Problems and positive prospects	Musicae Scientiae 15(3) 402-422 <a href="https://doi.org/10.1177/1029864911410954">https://doi.org/10.1177/1029864911410954</a>
Louise Mansfield, Catherine Meads, et. al	2017	What works for wellbeing? A systematic review of wellbeing outcomes for music and singing in adults	January 2018 Vol 138 No 1   Perspectives in Public Health <a href="https://doi.org/10.1177/1757913917740391">https://doi.org/10.1177/1757913917740391</a>
Becky Dowson, Justine Schneider, Boliang Guo, Philip M. Bath, Orii McDermott Lee J. Haywood and Martin Orrell	2021	Pilot Randomised Evaluation of Singing in Dementia (PRESIDE): protocol for a two-arm, parallel-group randomised controlled feasibility study with waiting-list control	Dowson et al. Pilot and Feasibility Studies (2021) 7:15 <a href="https://doi.org/10.1186/s40814-020-00759-y">https://doi.org/10.1186/s40814-020-00759-y</a>
Sophie Lee, Desmond O'Neill & Hilary Moss	2020	Promoting well-being among people with early-stage dementia and their family carers through community-based group singing: a phenomenological study	Arts & Health, <a href="https://doi.org/10.1080/17533015.2020.1839776">https://doi.org/10.1080/17533015.2020.1839776</a>
Sara Eldirdiry Osman Victoria Tischler Justine Schneider	2016	'Singing for the Brain': A qualitative study exploring the health and well-being benefits of singing for people with dementia and their carers	Dementia 2016, Vol. 15(6) 1326-1339 <a href="https://doi.org/10.1177/1471301214556291">https://doi.org/10.1177/1471301214556291</a>
Ridder, Hanne Mette Ochsner	2003	Singing Dialogue : Music therapy with persons in advanced stages of dementia.	<a href="https://vbn.aau.dk/en/publications/singing-dialogue-music-therapy-with-persons-in-advanced-stages-of">https://vbn.aau.dk/en/publications/singing-dialogue-music-therapy-with-persons-in-advanced-stages-of</a>

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Masayuki Satoh, Toru Yuba, Ken-ichi Tabei, Yukari Okubo, Hirotaka Kida, Hajime Sakuma, Hidekazu Tomimoto	2015	Music Therapy Using Singing Training Improves Psychomotor Speed in Patients with Alzheimer's Disease: A Neuropsychological and fMRI Study	Dement Geriatr Cogn Disord Extra 2015;5:296-308 <a href="https://doi.org/10.1159/000436960">https://doi.org/10.1159/000436960</a>
Jeanette Tamplin, Imogen N. Clark, Young-Eun C. Lee and Felicity A. Baker	2018	Remini-Sing: A Feasibility Study of Therapeutic Group Singing to Support Relationship Quality and Wellbeing for Community-Dwelling People Living With Dementia and Their Family Caregivers	Frontiers in Medicine   www.frontiersin.org 1 August 2018   Volume 5   Article 245 <a href="https://doi.org/10.3389/fmed.2018.00245">https://doi.org/10.3389/fmed.2018.00245</a>
Ann Van de Winckel, Hilde Feys, Willy De Weerd	2003	Cognitive and behavioural effects of music-based exercises in patients with dementia	Clinical Rehabilitation 2004; 18: 253]/260 <a href="https://doi.org/10.1191/0269215504cr750oa">https://doi.org/10.1191/0269215504cr750oa</a>
Stephanie M. Carpenter, Rebecca L. Chae, and Carolyn Yoon	2020	Creativity and Aging: Positive Consequences of Distraction	American Psychological Association 2020, Vol. 35, No. 5, 654 - 662 <a href="http://dx.doi.org/10.1037/ps0000470">http://dx.doi.org/10.1037/ps0000470</a>
Edwin Creely & Jane Southcott	2020	Developing perceived self-efficacy in later life through poetry writing. An analysis of a U3A poetry group of older Australians	<a href="https://doi.org/10.1080/02601370.2020.1737589">https://doi.org/10.1080/02601370.2020.1737589</a>
H. Matto, Jacqueline Corcoran, Andreas Fassler	2003	Integrating solution-focused and art therapies for substance abuse treatment: guidelines for practice	The Arts in Psychotherapy 30 (2003) 265-272 <a href="https://doi.org/10.1016/j.ajp.2003.08.003">https://doi.org/10.1016/j.ajp.2003.08.003</a>
Anni Raw, Sue Lewis, Andrew Russell & Jane Macnaughton	2011	A hole in the heart: Confronting the drive for evidence-based impact research in arts and health	Arts & Health, 4:2, 7-108, <a href="https://doi.org/10.1080/17533015.2011.619991">https://doi.org/10.1080/17533015.2011.619991</a>
T. Stickley, A. Hui	2012	Social prescribing through arts on prescription in a UK city: Referrers' perspectives (part 2)	public health 126 (2012) 580 e586 <a href="https://doi.org/10.1016/j.puhe.2012.04.001">https://doi.org/10.1016/j.puhe.2012.04.001</a>
T. Stickley, A. Hui	2012	Social prescribing through arts on prescription in a UK city: Participants' perspectives (Part 1)	public health 126 (2012) 574 e579 <a href="https://doi.org/10.1016/j.puhe.2012.04.002">https://doi.org/10.1016/j.puhe.2012.04.002</a>

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Jones, Carys; Windle, Gill; Edwards, Rhiannon Tudor	2020	Dementia and Imagination	Gerontologist <a href="https://doi.org/10.1093/geront/gny147">https://doi.org/10.1093/geront/gny147</a>
Kim Dunphy, Felicity A. Baker, Ella Dumaresq, et. al	2019	Creative Arts Interventions to Address Depression in Older Adults: A Systematic Review of Outcomes, Processes, and Mechanisms	SYSTEMATIC REVIEW <a href="https://doi.org/10.3389/fpsyg.2018.02655">https://doi.org/10.3389/fpsyg.2018.02655</a>
Karen Ford, Leigh Tesch, Jacqueline Dawborn, Helen Courtney-Pratt	2018	Art, music, story: The evaluation of a person-centred arts in health programme in an acute care older persons' unit	Int J Older People Nurs. 2018;13:e12186. <a href="https://doi.org/10.1111/opn.12186">https://doi.org/10.1111/opn.12186</a>
A. Guzmán-García <sup>1</sup> , J. C. Hughes, I. A. James and L. Rochester	2013	Dancing as a psychosocial intervention in care homes: a systematic review of the literature	Int J Geriatr Psychiatry 2013; 28: 914-924 <a href="https://doi.org/10.1002/gps.3913">https://doi.org/10.1002/gps.3913</a>
Meekums B, Karkou V, Nelson EA	2015	Dance movement therapy for depression (Review)	The Cochrane Collaboration. Published by John Wiley & Sons, Ltd. <a href="https://doi.org/10.1002/14651858.CD009895.pub2">https://doi.org/10.1002/14651858.CD009895.pub2</a>
Rainbow T. H. Ho,, Ted C. T. Fong, Wai Chi Chan, Joseph S. K. Kwan, Patrick K. C. Chiu, Joshua C. Y. Yau, and Linda C. W. Lam	2018	Psychophysiological Effects of Dance Movement Therapy and Physical Exercise on Older Adults With Mild Dementia: A Randomized Controlled Trial	Journals of Gerontology: Psychological Sciences Vol. 75, No. 3, 560-570 <a href="https://doi.org/10.1093/geronb/gby145">https://doi.org/10.1093/geronb/gby145</a>
Teija Ravelin DHSc Arja Isola DHSc Jari Kylmä PhD	2011	Dance performance as a method of intervention as experienced by older persons with dementia	International Journal of Older People Nursing 8, 10-18 <a href="https://doi.org/10.1111/j.1748-3743.2011.00284.x">https://doi.org/10.1111/j.1748-3743.2011.00284.x</a>
Bart Sheehan	2012	Assessment scales in dementia	Ther Adv Neurol Disord (2012) 5(6) 349-358 <a href="https://doi.org/10.1177/1756285612455733">https://doi.org/10.1177/1756285612455733</a>
Victoria Bates	2018	Sensing space and making place: the hospital and therapeutic landscapes in two cancer narratives	Med Humanit 2019;45:10-20. <a href="https://doi.org/10.1136/medhum-2017-011347">https://doi.org/10.1136/medhum-2017-011347</a>
L. CADDY, F. CRAWFORD & A. C. PAGE	2012	'Painting a path to wellness': correlations between participating in a creative activity group and improved measured mental health outcome	Journal of Psychiatric and Mental Health Nursing, 2012, 19, 327-333 <a href="https://doi.org/10.1111/j.1365-2850.2011.01785.x">https://doi.org/10.1111/j.1365-2850.2011.01785.x</a>



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Stephanie M. Carpenter, Rebecca L. Chae, and Carolyn Yoon	2020	Creativity and Aging: Positive Consequences of Distraction	Psychology and Aging © 2020 American Psychological Association 2020, Vol. 35, No. 5, 654 – 662 <a href="http://dx.doi.org/10.1037/pag0000470">http://dx.doi.org/10.1037/pag0000470</a>
Norma Daykin, Louise Mansfield, Catherine Meads et al.	2017	What works for wellbeing? A systematic review of wellbeing outcomes for music and singing in adults	Vol 138 No 1   Perspectives in Public Health <a href="https://doi.org/10.1177/1757913917740391">https://doi.org/10.1177/1757913917740391</a>
Lynn Froggett and Robert Little	2012	Pleasure, provocation and value in hospital art: The evaluation of the University College London Hospitals arts programme	Journal of Applied Arts & Health Volume 3 Number 2 <a href="https://doi.org/10.1386/jaah.3.2.133_1">https://doi.org/10.1386/jaah.3.2.133_1</a>
Sara Hamed, Noha El-Bassiouny & Anabel Ternès	2019	Hospital Servicescape Design for Inpatient Wellbeing	Services Marketing Quarterly, 40:1, 1-32, <a href="https://doi.org/10.1080/15332969.2019.1587864">https://doi.org/10.1080/15332969.2019.1587864</a>
A Jensen, LO Bonde	2018	The use of arts interventions for mental health and wellbeing in health settings	July 2018 Vol 138 No 4   Perspectives in Public Health <a href="https://doi.org/10.1177/1757913918772602">https://doi.org/10.1177/1757913918772602</a>
Elizabeth Holt & Donna H. Kaiser	2009	The First Step Series: Art therapy for early substance abuse treatment	The Arts in Psychotherapy 36 (2009) 245-250 <a href="https://doi.org/10.1016/j.oi.2009.05.004">https://doi.org/10.1016/j.oi.2009.05.004</a>
Brian J. Horay MA	2011	Moving Towards Gray: Art Therapy and Ambivalence in Substance Abuse Treatment	Art Therapy <a href="https://doi.org/10.1080/07421656.2006.10129528">https://doi.org/10.1080/07421656.2006.10129528</a>
Matty Laurer & Renée van der Vennet	2015	Effect of Art Production on Negative Mood and Anxiety for Adults in Treatment for Substance Abuse,	Art Therapy, 32:4, 177-183, <a href="https://doi.org/10.1080/07421656.2015.1092731">https://doi.org/10.1080/07421656.2015.1092731</a>
Wenche Torrisen Theo Stickley	2018	Participatory theatre and mental health recovery: a narrative inquiry	Vol 138 No 1   Perspectives in Public Health <a href="https://doi.org/10.1177/1757913917723944">https://doi.org/10.1177/1757913917723944</a>
Miriam Bernard et al.	2014	Ages and Stages: the place of theatre in the lives of older people	Aging and Society <a href="https://doi.org/10.1017/S0144686X14000038">https://doi.org/10.1017/S0144686X14000038</a>
Alexandra Burtona, Margaret Ogdenb, and Claudia Coopera	2019	Planning and enabling meaningful patient and public involvement in dementia research	2019 Wolters Kluwer Health, <a href="https://doi.org/10.1097/YC0.0000000000000548">https://doi.org/10.1097/YC0.0000000000000548</a>

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Stephanie M. Carpenter, Rebecca L. Chae, and Carolyn Yoon	2020	Creativity and Aging: Positive Consequences of Distraction	American Psychological Association 2020, Vol. 35, No. 5, 654 – 662 <a href="http://dx.doi.org/10.1037/pag0000470">http://dx.doi.org/10.1037/pag0000470</a>
Pia C. Kontos Gail J. Mitchell Bhavni Mistry Bruce Ballon	2021	Using drama to improve person-centred dementia care	International journal for older people 5, 159-168 <a href="https://doi.org/10.1111/j.1748-3743.2010.00221.x">https://doi.org/10.1111/j.1748-3743.2010.00221.x</a>
Wendy Olphert Leela Damodaran	2013	Older People and Digital Disengagement: A Fourth Digital Divide?	Regenerative and Technological Section / Viewpoint <a href="https://doi.org/10.1159/000353630">https://doi.org/10.1159/000353630</a>
K.A. Pricea*, A.M. Tinkerb	2014	Creativity in later life	Maturitas 78 (2014) 281-286 <a href="http://dx.doi.org/10.1016/j.maturitas.2014.05.025">http://dx.doi.org/10.1016/j.maturitas.2014.05.025</a>
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